

# FAMILIES IN MOTION DAY

**MONDAY, FEBRUARY 21, 2022**

**Reserve Your Spots beginning at 9:00am on Monday, February 7**

<b>FREE SWIMMING - ALL POOLS!</b>			
9:00am-10:00am	Preschool & Leisure Swim	Reserve your spots	Code #12526
10:30am-11:30am	Preschool & Leisure Swim	Reserve your spots	Code #12527
12:00pm-1:00pm	Recreational Swim	Reserve your spots	Code #12528
1:30pm-2:30pm	Recreational Swim	Reserve your spots	Code #12529
3:00pm-4:00pm	Recreational Swim	Reserve your spots	Code #12530

<b>FREE GYMNASIUM ACTIVITIES IN THE MUZZATTI GYM!</b>			
9:00am-9:50am	Family Badminton	Reserve a court for your group	Code #12519
10:00am-10:50am	Family Badminton	Reserve a court for your group	Code #12520
11:00am-11:50am	Family Badminton	Reserve a court for your group	Code #12521
12:00-12:50pm	Family Basketball	Reserve your spots	Code #12522
1:00pm-1:50pm	Family Basketball	Reserve your spots	Code #12523
2:00pm-2:50pm	Family Basketball	Reserve your spots	Code #12524
3:00pm-3:50pm	Family Basketball	Reserve your spots	Code #12525

<b>FREE PUBLIC SKATING!</b>			
9:00am-9:50am	Adult & 55+ Skating	Rock Rink	Code #12632
10:00am-10:50am	Public Skating (all ages)	Rock Rink	Code #12633
10:00am-10:50am	Public Skating (ages 6 & under)	Shuren Rink	Code #12634
<b>11:00am</b>	<b>Skate Lakeshore Synchro Demonstrations</b>	<b>Rock Rink</b>	
12:00pm-12:50pm	Public Skating (all ages)	Rock Rink	Code #12642
12:00pm-12:50pm	Preschool Sticks & Pucks	Rock Rink	Code #12635
1:00pm-1:50pm	Public Skating (all ages)	Rock Rink	Code #12638
1:00pm-1:50pm	Public Skating (ages 6 & under)	Shuren Rink	Code #12640
1:00pm-1:50pm	Adult Sticks & Pucks (ages 16+)	Rink C	Code #12636
2:00pm-2:50pm	Public Skating (all ages)	Rock Rink	Code #12639
2:00pm-2:50pm	Public Skating (ages 6 & under)	Shuren Rink	Code #12641
2:00pm-2:50pm	Adult Sticks & Pucks (ages 16+)	Rink C	Code #12637

Instructional programs will not be running on February 21 so you can spend Family Day with your family. Advance Registration is required to maintain safe maximum limits. Activities will continue until 5:00pm when the facility closes. Helmets are mandatory for Adult Sticks & Pucks. Helmets are strongly recommended for all Public Skating activities.

**Call 519-727-0470 or book online at [lakeshore.ca/recreation](https://lakeshore.ca/recreation) to reserve your spot.**



**Fireworks will begin at 6:45pm  
or dusk to end your Family Day!**

