## PRINCIPLES OF HEALTHY CHILD DEVELOPMENT—PHCD





## Now available as a Virtual Live training!

The Principles of Healthy Child Development (PHCD) is a 4-hour training that equips front-line leaders (anyone working with children aged 4 to 12 – i.e. camp counsellor, coaches, after school staff, swim instructors) with the tools to immediately enhance the quality of the programs they are leading. It provides essential training in the HIGH FIVE Principles of Healthy Child Development so front-line leaders understand what they need to do to ensure each child's social, emotional and cognitive needs are met.

## **Learner Outcomes**

At the completion of this training, learners will be able to:

- learn activities and gain knowledge, tips and resources to enhance their relationships with the children
- speak a common language with their fellow staff
- create a child-centred program.

Participants who successfully complete this training in full will receive a certificate and are provided with an additional complimentary online training, *Healthy Minds for Healthy Children*.

- Tuesday, July 27/21 from 9:00am-1:00pm. Registration closes on July 20/21 at 10:00am. (Registration Code #11576)
- Thursday, August 12, 2021 from 4:00pm-8:00pm. Registration closes on August 5/21 at 10:00am. (Registration Code # 11577)

Through a partnership with Pathways to Potential (P2P), these 2 virtual workshops are free of charge. Each workshop is limited to 20 participants minimum age 15 years and older.





Further questions can be directed to 519-727-0470 or recinfo@lakeshore.ca